

# Tournament Tavern

## A La Carte Menu

### Starters

**Roasted Tomato Soup** 292 kcal **£8.50**  
Cherry tomatoes | Pea shoots | Sourdough

**Oven Baked Burrata** 690 kcal **£12.50**  
A warm baked burrata | Spiced Arrabbiata tomato sauce | Fresh basil

**Heritage Tomato & Burrata Bruschetta** 522 kcal **£9.50**  
Balsamic glaze | Fresh basil

**Tempura Prawns** 564 kcal **£13.00**  
Battered pepper | Courgette | Tenderstem broccoli  
Heritage carrot | Sweet chilli sauce

**Mushroom Arancini** 424 kcal **£8.00**  
Garlic mayo | Parmesan

### Mains

**Braised Lamb Shank** 678 kcal **£37.50**  
Crushed roasted potatoes | Tenderstem broccoli | Roasted cherry tomatoes | Lamb infused jus

**Pork Belly** 983 kcal **£31.00**  
Beetroot mashed potato | Heritage carrots | Apple & sage sauce | Red wine jus

**Pan Seared Salmon** 1009 kcal **£26.00**  
Dauphinoise potatoes | Tenderstem broccoli | Creamy gin sauce

**Pan Roasted Duck Breast** 1108 kcal **£31.50**  
Beetroot mash | Beetroot purée | Orange glaze | Red wine jus

**Spinach & Pea Risotto** 688 kcal **£20.00**  
Pea, spinach, asparagus & parmesan risotto | Grilled asparagus

**Chicken Supreme** 1142 kcal **£26.00**  
Dauphinoise potatoes | Grilled asparagus  
Roasted cherry tomato | Creamy tarragon sauce

**Roasted Butternut Squash** 955 kcal **£19.00**  
Stuffed with a chickpea & spinach curry  
Lentil salad with red onion, tomatoes & parsley

**Tempura Prawns** 955 kcal **£25.00**  
Served with battered pepper | Courgette | Tenderstem broccoli  
Heritage carrot | Sweet chilli sauce

Adults need around 2000 kcal per day.

FOOD ALLERGIES & INTOLERANCES: PLEASE SPEAK TO A MEMBER OF OUR STAFF REGARDING ANY ALLERGENS OR INTOLERANCES BEFORE ORDERING. PLEASE BE AWARE THAT ALTHOUGH EVERY CARE IS TAKEN TO PREVENT CROSS CONTAMINATION, FOODS CONTAINING ALLERGENS ARE HANDLED IN THIS FOOD OUTLET.

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### From the Tournament Tavern Grill

**Grass Fed Ribeye Steak** 863 kcal **£36.50**

Tenderstem broccoli | Roasted cherry tomatoes  
Choice between red wine jus or peppercorn sauce

**8oz Beef Burger** 832 kcal **£18.00**

Seeded maple bun | Cheddar cheese | Lettuce | Bacon | Pickles | Burger sauce | Coleslaw  
Choice of fries for **£3.50**

**Maple Bacon Chicken Burger** 923 kcal **£19.00**

Pretzel bun | Breaded chicken fillet | Streaky bacon | Maple syrup | Hot sauce  
Choice of fries for **£3.50**

## Sharer

**A Taste of India** For Two to Share 3144 kcal **£45.00**

Paneer butter masala | Chicken tikka masala | Lamb rogan gosh | Traditional tarka dhal  
Plain rice | Poppadoms | Mango chutney | Naan bread | Deep fried tortillas

## Desserts

**Gin & Tonic Lemon Posset** 1935 kcal **£11.50**

Smooth Lemon Mousse | Tonic gelatine cubes

**Chocolate Lava Cake** 630 kcal **£9.50**

Served warm | Scoop of vanilla ice cream | Raspberries | Chocolate sauce

**Salted Caramel Chocolate Tarte** **£9.50**

Salted caramel ice cream | Salted caramel sauce

**Ice-cream & Sorbet** **£7.50**

Choose 3 scoops:

Vanilla ice-cream | Chunky strawberry ice-cream | Chocolate brownie ice-cream  
Salted caramel ice-cream | Strawberry sorbet | Raspberry sorbet | Lemon sorbet

**Fresh Watermelon Sundae** 430 kcal **£12.50**

Quarter of a watermelon filled with:  
Watermelon | Pineapple | Blueberries | Raspberry sorbet

## Sides

**Sweet Potato Fries** 239 kcal **£5.50**

**Triple Cooked Chips** 545 kcal **£5.50**

**LEGO Fries** 408 kcal **£5.50**

**Crushed Roasted Potatoes** 298 kcal **£5.50**

**Tenderstem Broccoli** 130 kcal **£5.50**

**Beetroot Mashed Potato** 222 kcal **£5.50**

**Grilled Asparagus** 110 kcal **£5.50**

**Beer Battered Onion Rings** 361 kcal **£5.50**

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